



BROWN'S HOTEL
LONDON

TREATMENTS

THE SPA @ BROWN'S HOTEL

The Spa at Brown's Hotel is an oasis of refined beauty in the heart of Mayfair.

Walking into this secret haven induces instant relaxation and serenity. Our team of highly qualified therapists provide effective and luxurious face and body treatments.

The Spa proudly offers treatments using Carita, Spiezia, Ciaté nail care and Beau Bronz self-tan.



BROWN'S SIGNATURE RITUALS

CARITA DIAMOND FACE AND BODY RITUAL

110 minutes £190.00

A dedicated quest for perfection, this ritual begins with a foot cleanse and relaxing back massage before the face is treated with the unique Carita CINETIC™ LIFT EXPERT massage gloves and Luminotherapy. A second targeted massage is followed with an application of a professional face mask containing crushed diamond. Intensely transformed, the skin is deeply regenerated and visibly flawless, firmer and luminous.

SPIEZIA HEAD IN HEAVEN RITUAL

80 minutes £150.00

A beautiful, mindful experience to massage you into tranquillity. Working on the upper back, head, scalp and face, rhythmic movements are performed to soothe, calm and restore peace. The treatment also includes facial cleansing; exfoliation and moisturising of the face and an intensive head massage routine.

MILK AND HONEY PEDICURE

80 minutes £80.00

The ultimate treat for your feet. After a warm milk foot soak, the feet are exfoliated with a blend of sugar and honey to soften and smooth the skin. Nail shaping and buffing and cuticle tidying are followed with a foot and leg massage and completed with polishing.

BODY MESSAGES

AROMATHERAPY MASSAGE

A deeply therapeutic massage, using blends of essential oils personalised to individual needs to calm, stimulate or re-balance.

50 minutes £100.00
80 minutes £150.00

HOT STONE MASSAGE

Warm volcanic stones are combined with aromatic oils to gently relax the body, soothing muscle tension and inducing deep relaxation.

50 minutes £100.00
80 minutes £150.00

DEEP MUSCLE RELAX MASSAGE

Ideal for those with deep seated muscle tension, this massage combines advanced massage techniques, elbows and forearms to achieve deep muscle relaxation.

50 minutes £105.00
80 minutes £155.00

AYURVEDIC MASSAGE

This traditional inspired massage begins with warm oil being poured on the body followed by deep, flowing strokes and energy point massage, releasing tension and improving energy levels.

50 minutes £100.00

REFLEX FOOT ZONE MASSAGE

Focused on the feet and lower legs, this treatment helps to relax the entire body and mind using massage to specific energy zones and points.

50 minutes £100.00

BODY TREATMENTS

SPIEZIA BODY EXFOLIATION

Sugar and essential oils have been carefully combined to exfoliate and moisturize the body, leaving skin hydrated and glowing.

20 minutes £40.00

SPEIZIA ROSE INDULGENCE BODY TREATMENT

This luxurious treatment tones and softens the body with gentle skin brushing, while massaging with rich body oils hydrates and nourishes the skin. The treatment is completed with a calming head massage.

50 minutes £100.00

SPIEZIA DETOX BODY TREATMENT

This detoxifying treatment begins with stimulating body brushing, followed by a skin smoothing body exfoliation and invigorating body massage.

50 minutes £100.00

CARITA DEEP CLEANSING BACK TREATMENT

Ideal for those with dry or congested backs, this treatment deep cleans with a combination of exfoliation and steaming. A warm, purifying back mask is applied after a muscle relaxing massage and moisturised to finish.

50 minutes £100.00

FACIALS

CARITA LAGOON HYDRATION FACIAL

50 minutes £100.00

Specially designed for dry, dehydrated and tired skin, this treatment immerses the skin in a bath of freshness, leaving it radiant and hydrated.

CARITA PURIFYING PAPAYA FACIAL

50 minutes £100.00

Ideal for combination to oily skin this balancing and matifying facial deep cleanses and refines pores with Papaya extract, evening skin texture and clearing the complexion.

CARITA GENESIS TONING FACIAL

80 minutes £150.00

This Carita CINETIC™ LIFT EXPERT facial uses a unique combination of micro-currents, ultrasound and LED technology to give immediate results, leaving the skin visibly firmer, radiant with youth. After cleansing, exfoliation, a relaxing hands-on facial massage is followed by the Cinetic Lift Expert massage gloves and is enriched with Carita Genesis of Youth Serum.

CARITA GENESIS BOOSTER FACIAL

50 minutes £100.00

This booster treatment is ideal for those short on time or already having regular Carita Genesis Facials, focusing more on the specific Cinetic Lift Expert glove massage.

* Course of 6 Carita Genesis Booster Facials £510.00

CARITA GOLD AGE DEFYING FACIAL

100 minutes £175.00

This Carita CINETIC™ LIFT EXPERT facial stimulates and rejuvenates the skin tissue. After cleansing, exfoliation, a deep, activating hands-on lifting facial massage is followed by an application of the professional Trio of Gold Mask. The Cinetic Lift Expert massage gloves sculpt and re-contour the face which is enhanced by products infused with Mineral Gold to rejuvenate the skin.

FACIALS

CARITA SCULPTING EYELIFT

40 minutes £80.00

A powerful and luxurious eye treatment using the Carita CINETIC™ LIFT EXPERT massage gloves and precision pens visibly smooth the appearance of fine lines and wrinkles and reduce the appearance of dark circles and puffiness. Eyes will appear immediately refreshed and soothed.

SPIEZIA DELICATE SKIN FACIAL

50 minutes £100.00

Ideal for delicate or sensitive skin, this facial includes gentle cleansing and exfoliation, following a soothing and rhythmic facial massage, a calming face mask and comforting moisturiser are applied.

SPIEZIA LIFTING FACIAL

50 minutes £100.00

Precise and intricate hands-on acupuncture massage techniques stimulate key facial muscles to achieve an incredible lifting, firming and intensively moisturising treatment for the face, neck and scalp.

MOTHER TO BE

MATERNAL BLISS

This all-encompassing treatment begins with a skin smoothing body exfoliation, followed by soothing body massage and is completed with a skin brightening facial.

110 minutes £190.00

MATERNITY MASSAGE

Gentle yet effective massage techniques using nourishing oils focus on relieving tension in areas tending to be under stress during pregnancy, such as lower back, hips, shoulders and feet.

50 minutes £100.00

SOOTHING LEGS

A gentle lymphatic drainage massage ideal to lighten and uplift tired, heavy or swollen legs.

20 minutes £40.00

* These treatments are especially designed for mothers-to-be after their first trimester.

GENTLEMEN'S TREATMENTS

DEEP MUSCLE RELAX MASSAGE

Ideal for those with deep seated muscle tension, this massage combines advanced massage techniques, elbows and forearms to achieve deep muscle relaxation.

50 minutes £100.00
80 minutes £150.00

DEEP CLEANSING FACIAL

This Carita facial deep cleanses and refines pores with Papaya extract, evening skin texture and clearing the complexion, preparing the skin for a smoother, closer shave.

50 minutes £100.00

GENTLEMAN'S MOT

These ultimate treat includes a de-stressing back, neck and shoulder massage, pick me up facial, eye-brow shape and express manicure.

80 minutes £140.00

SPRAY PAINT

Beau Bronze three step spray tan treatment that exfoliates, tans and moisturises the skin for a natural glow.

30 minutes £50.00

MANICURE

Includes nail shaping and buffing, cuticle tidy and hand massage.

30 minutes £35.00

PEDICURE

Includes hard skin removal and foot exfoliation, nail shaping and buffing, cuticle tidy and foot massage.

40 minutes £50.00

ELEGANT TOUCHES

GET GLAM EXPRESS MANICURE Includes nail shaping, buffing and polishing.	30 minutes	£30.00
VITAL MANICURE Includes nail shaping and buffing, cuticle tidy, hand massage and polishing.	50 minutes	£50.00
OPULENT MANICURE Includes nail shaping and buffing, cuticle tidy, hand massage, paraffin wax mask and polishing.	60 minutes	£60.00
GET GLAM EXPRESS PEDICURE Includes nail shaping, buffing and polishing.	30 minutes	£30.00
VITAL PEDICURE Includes hard skin removal and foot exfoliation, nail shaping and buffing, cuticle tidy, foot massage and polishing.	50 minutes	£50.00
OPULENT PEDICURE Includes hard skin removal and foot exfoliation, nail shaping and buffing, cuticle tidy, foot massage, paraffin wax mask and polishing.	60 minutes	£60.00
NAIL COLOUR INNOVATION Bespoke application of Caviar Pearls or sequins to finish your look.	15 minutes	£10.00
BEAU BRONZE NATURAL TAN Three step spray tan treatment that exfoliates, tans and moisturises the skin for a natural glow.	30 minutes	£50.00
EYELASH TINT	30 minutes	£30.00
EYEBROW TINT	15 minutes	£15.00

* A patch test required 24hours prior to all tinting treatments.

BEAUTY AT BROWN'S

WAXING		
Eyebrow Shape	15 minutes	£20.00
Lip Wax	15 minutes	£10.00
Chin Wax	15 minutes	£10.00
Half Leg Wax	20 minutes	£30.00
Full Leg Wax	40 minutes	£50.00
Bikini Wax	15 minutes	£25.00
Hollywood Wax	45 minutes	£60.00
Brazilian Wax	45 minutes	£55.00
Under Arm Wax	15 minutes	£20.00
Half Arm Wax	20 minutes	£25.00
Full Arm Wax	30 minutes	£40.00
Back Wax	30 minutes	£40.00
Chest Wax	30 minutes	£40.00

CHILDREN AT BROWN'S

FUNKY FINGERS Includes nail tidy, hand massage and polishing.	30 minutes	£30.00
TWINKLE TOES Includes nail tidy, foot massage and polishing.	30 minutes	£30.00
SPIEZIA SOFTENING FACIAL This facial begins with gentle cleansing followed by a soothing and rhythmic facial massage and is completed with comforting moisturiser.	30 minutes	£40.00
SPIEZIA SOOTHING MASSAGE A gentle and soothing massage for the back, face and scalp.	30 minutes	£40.00

* Treatments are recommended for children aged between 4-16 years.
Written consent is required for all treatments and an accompanying adult must be present throughout.

SPA EXPERIENCES

DEEP SLEEP This sleep inducing treatment begins with a welcome foot cleanse, followed by a skin smoothing body exfoliation and is completed with deeply relaxing hot stone massage, helping you to drift away into deep, restful sleep.	110 minutes	£190.00
DE-STRESS Completely de-stress with this calming treatment, beginning with a welcome foot cleanse and skin smoothing body exfoliation, followed by a deep muscle relaxation massage.	110 minutes	£190.00
FEELING FABULOUS A complete top to toe treatment to leaving you feeling fabulous. After a welcome foot cleanse, a therapeutic aromatherapy massage soothes mind and body. A Carita Lagoon Hydration Facial is then performed to refresh and revitalise the skin.	110 minutes	£190.00
FEELING GLAMOROUS The perfect treat to leave you looking and feeling glamorous. A personalised facial is followed by a Get Glam Manicure and Get Glam Pedicure.	110 minutes	£190.00
JET LAG RECOVERY Banish the signs of long haul travel with this balancing and reviving treatment. A welcome foot cleanse is followed by a stimulating reflex zone foot massage and completed with a muscle relaxing back, neck and shoulder massage.	80 minutes	£150.00
TOGETHER Relax together in our treatment suite with an aromatherapy massage and skin radiance facial before enjoying a glass of champagne.	80 minutes	£300.00

SPA ETIQUETTE

To schedule an appointment for your spa treatment, please contact the spa directly on 020 7518 4009 or alternatively email thespa.browns@roccofortehotels.com.

To ensure that you are able to receive your preferred spa treatment and time we recommend that you book in advance. All spa treatments will need to be guaranteed with a credit card when booking. Please advise us of any health concerns, injuries or allergies that may affect your spa treatment when booking.

Please arrive 10 minutes before your appointment time to complete a spa consultation form.

We kindly ask all spa guests to switch off mobile phones whilst enjoying the spa.

A 100% charge will be incurred for spa treatments not cancelled within 24 hours of the scheduled treatment time. Guests arriving late for spa treatments will receive a shortened treatment time and will be charged the full price of the scheduled treatment.

FITNESS

Our personal trainer provides personalised one-to-one training sessions to help you to achieve your fitness goals whether you are looking to improve stamina, develop muscle tone or increase flexibility. The gym is open 24 hours a day allowing you to enjoy your workout around the clock.

PERSONAL TRAINING

1 session	£65.00
4 sessions	£225.00
8 sessions	£410.00
12 sessions	£560.00

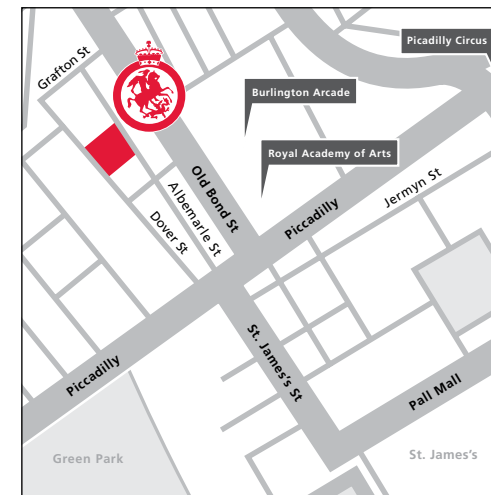
TECHNO GYM EQUIPMENT INCLUDES:

- Cardio vascular machines such as treadmills, cross trainers, upright and recline bikes and a rowing machine
- Resistance machines
- Free weight dumbbells ranging from 1kg-32kg
- Accessories such as exercise balls and kettle bells
- Still water, juices, fruit, towels

SPA OPENING

Monday – Wednesday	10.00am – 8pm
Thursday & Friday	10.00am – 9pm
Saturday & Sunday	10.00am – 6pm

Opening times may be subject to changes



BROWN'S HOTEL
LONDON

The Spa at Brown's Hotel, Albemarle Street, Mayfair, London, W1S 4BP.

Tel: +44 (0)20 7518 4009

e-mail: thespa.browns@roccofortehotels.com

roccofortehotels.com

ROCCO FORTE
HOTELS

