



VERDURA RESORT  
SICILY

## FENCING ACADEMY

Discover the Olympic Sport of Fencing, a group of three related combat sports: foil, épée and sabre. Fencing is a sport for everyone and it increases speed, resistance, improves reflexes, reduces stress, increases mental agility and self-control.

Learn all secrets of this fascinating discipline with Lia, former champion and member of the Italian National Team.



### RATES

Single lesson (40 mins): €75

Three lessons (40 mins): €195

Five lessons (40 mins): €315

Tuitions take place at Fitness Studio.  
Available upon reservation, from 15th April to 30th October.

**For further information and reservations:**

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