



**JUVENTUS  
ACADEMY  
RESORT EXPERIENCE**



**JUVENTUS RESORT EXPERIENCE**  
**From July 15th to August 20th 2023**



**VERDURA RESORT**  
SICILY

A ROCCO FORTE HOTEL

# Juventus Resort Experience

## Juventus Academy

Guests aged five to 16 can enjoy a special experience, where they will meet new friends, practise football and just have fun. The professional Juventus coaches will share their knowledge with those who want to live a “black and white” summer experience on our full-size football pitch, surrounded by an amazing landscape of mountains and orange groves.

Since its creation, the Juventus Academy has provided more than 100,000 youngsters with unforgettable experiences.

Juventus Academy employ a team of highly qualified coaches to communicate Juventus values to young players, as well as teach important technical skills.

Kick off your summer at Verdura Resort with Juventus Training Experience.

# Juventus Resort Experience



## TRAINING PROGRAMME

Briefing and warm up	Explanation of training goals and psychomotor activation.
Training session	Specific exercises for technical skills improvement. Exercises in groups and teams.
Final match	The best way to exercise acquired skills at the end of each training session.
*Personal programme	Training based on personal improvement. Targeted and personalised coaching, with coach-to-attendee ratio of 1 to 4.

*\*upon request*



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## Information

**Age:** from five to 16 years old

**What's included:**

- 2 hours of coaching daily with Juventus trainers
- Juventus Academy Adidas Kit:  
2 t-shirts, 2 pairs of shorts,  
2 pairs of socks and a backpack
- A maximum number of 30 participants
- Certificate of attendance

**Prices\*:**

Four day programme	€400
Five day programme	€435
Seven day programme	€525
Personal programme:	€60 per day

\*Families participating with more than one child get a 10% discount on the programme. Rates are per attendee, exclusive of VAT.

## Objectives

### Ball Control

Using all the anatomical parts of the foot.  
Awareness and ball control

### Dribbling and Dummying

Dribbling phases (control - dummy - change speed)  
Protecting the ball  
Getting past your opponent

### Passing and Control

Controlling the ball front-on  
Passing with the inside of the foot and controlling the orientation of the ball  
Creating passing spaces

### Shoot taking

Free kicks  
Kicking a moving ball  
Kicking from different positions



**NEVER GIVE UP!**







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For further information and reservations:  
Email: [concierge.verdura@roccofortehotels.com](mailto:concierge.verdura@roccofortehotels.com)  
Tel: +39 0925 998001