



VERDURA RESORT

SICILY

A ROCCO FORTE HOTEL

AUTUMN IN SICILY 2023





Autumn in Sicily a half-term to remember

As the Summer heat fades into the gentle warmth of Sicilian autumn, Verdura Resort is the perfect destination for families seeking an escape brimming with exciting al fresco activities.

Away from the crowds, amidst beaches, orchards and olive groves, treat the whole family to a safe and soothing break, enjoying the scents of Sicily.



TENNIS MASTERCLASS WITH BERND KARBACHER FROM OCTOBER 22 TO 27

Meet and take tips from Bernd Karbacher, ranked No.22 in the world and winner of a Davis Cup with the German Team. He reached the singles quarterfinals at the French Open and US Open, and won memorable matches with Pete Sampras, Boris Becker and Ivan Lendl. Join him on the course to learn more about his secrets during his private lessons, in family or with friends.

RUGBY ACADEMY WITH GIAMBATTISTA VENDITTI FROM OCTOBER 23 TO 29

Everyone can play rugby, whether you're small, tall, big or thin. Our special Academy held by the Italian champion Giambattista Venditti, will focus on the core values of this game which are: teamwork, respect, enjoyment, discipline and sportsmanship. Special classes for all levels including team tactics, tackles and kicks, on the grass by our Infinity Pool.





JUNIOR GOLF ACADEMY

AVAILABLE DAILY, UPON REQUEST

A fun way for our younger guests to discover the great game of golf, ideal for six to 16 years olds. We'll provide the perfect introduction and foundations for those that want to start playing golf to develop their skills or improve the game for budding golfers. Our courses cover every aspect of golf, from practical skills such as hitting the ball, chipping, putting, bunker shots, playing on the par-3 course, to the etiquette and rules of golf.



VERDÜLAND KIDS & TEENS CLUB

OPEN DAILY

Verdùland is a lively space dedicated to Babies and Kids, offering a 450m² indoor room and two terraces with private pools. Cooking, science, arts & crafts, culture, an array of sports and much more are also offered and scheduled in a weekly programme. It's overseen by our specialised team and Verdù the hedgehog mascot. A babysitting service is also available in room or at the kids club.

WANTED VERDÙ

FAMILY TREASURE HUNT, OCTOBER 21 AND 27

Join us on a secret mission, as you search the resort high and low for Verdù, our mascot who has mysteriously disappeared. Can your little ones help us find him? All they need to do is work as a team and pass the five outdoor tests that'll lead them from the Kid's Club all the way to the beach. Here, they will be greeted with a special gift, as we hear that Verdù is known to surprise his friends.



SPORTING ACADEMIES

AVAILABLE DAILY, UPON REQUEST

The resort is the perfect place to experience the favourite leisure activity or learn a new one. Start exploring the stunning Sicilian landscape by bicycle or walking, thanks to the cycling and trekking routes; meet our sporting instructors and book your private or group lesson : tennis, fencing, swimming, gymnastics, karate, basketball, archery, muay thai, padel and salsa y bachata.





MASTERS OF CERAMICS AT VERDURA RESORT

GROUP LESSONS AVAILABLE WEEKLY

Experience and explore the traditional techniques in ceramics, local artists are on hand to teach hand-building and decoration techniques. Try your hand at making beautiful and creative objects out of clay within their workshops at Verdura Resort.

VERDURA RESORT ON HORSEBACK

AVAILABLE DAILY, UPON REQUEST

Inhale the scents of lemon groves and Mediterranean herbs while on a guided horseback tour within the privacy of Verdura Resort. Suitable for riders of all abilities, our equestrian experiences are offered to small groups of up to four people – ideal for families or romance. Passing citrus farms, almond groves and vegetable gardens, you'll uncover sea views on chalky trails that wind down to the coast.



LA CASETTA NELL'ORTO BY FULVIO PIERANGELINI

AVAILABLE DAILY, UPON REQUEST

Take the sustainable route to dining and enjoy a gastronomic journey through our vegetable garden, followed by a cooking class, culminating in a Sicilian feast for the senses. Cocooned by skillfully cultivated olive groves, the newest cottage in our vegetable garden is a unique space to discover and taste freshly grown food and experience the best of healthy living.



FITNESS CLASSES

GROUP AND PRIVATE LESSONS DAILY

We offer daily classes in our fitness studio or outdoor with our qualified instructors, making exercise fun and sociable. Expect stretching, pilates, hatha and power yoga, total body, gag, zumba, aqua fitness, circuit training, aqua fitness, TRX, HIIT, bootcamp and cross training.





IRENE FORTE SPA

RELAXATION, TREATMENTS AND PROGRAMMES

Revive your mind and body in our 4,000 square metre pavilioned Sicilian spa set around an open-air courtyard, amongst the palms, orange groves and olive trees. We fuse the regenerative powers of nature and science, complemented by innovative and high technology integrated into our advanced facials and body treatments carried out by our expert team of Therapists and Specialists.

WATER SPORTS CLUB

OPEN DAILY

Verdura Water Sports Club offers a wide range of activities, courses and equipment hire for our guests. From kayaking and SUP to the adrenalin-pumping flyboarding and jet surfing, our qualified instructors will help you pick the best activities to enjoy with your friends and family.



BOAT TRIPS

AVAILABLE DAILY

Sailing out from Verdura private beach, discover the astounding natural beauty of the Sicilian coastline. Sail alongside the magnificently wild Torre Salsa Nature Reserve, towards the dazzling white cliffs of Scala dei Turchi on Verdura's boat. Head west from Sciacca to admire the majestic Greek temple of Hera before heading up the coast to reach the incredible Aegadian Islands.

GZ 19 PADEL CENTRE

OPEN DAILY

Experience GZ19 PADEL, our new sports centre dedicated to padel with two courts designed by world-champion footballer Gianluca Zambrotta. Discover Padel with introductory lessons by our resident trainers, or enroll in courses designed for advanced players. Throughout the season, our padel centre hosts international champions for special academies with our guests.





TENNIS CLUB

OPEN DAILY

Enjoy a leisurely game on our clay courts, or enroll in courses and private or group lessons for players of all ages and abilities at Verdura Tennis Academy. Our instructors will unveil secret tips from the likes of Nadal and Federer. The Academy also hosts guest tournaments, special tennis camps and events with famous ex-professionals.

ARCHERY SCHOOL

GROUP LESSONS AVAILABLE WEEKLY

Our expert instructor will set you on your way to becoming an expert sharpshooter in just one hour. During this group lesson, archery etiquette and safety will be covered, as well as the importance of good form, the physical relationship between the body and the bow and how you can harness this to achieve accurate shooting.

Our experts advise that “simple physics is key to performing the shot correctly, mastering your breathing and concentration will guide you to the best results.”



CYCLING TOWARDS THE MYTH

MOUNTAIN E-BIKE RIDE

Our special Mountain E-Bikes allow you to meander through Sicily's hidden history, accompanied by our fitness instructors. Cycle through nature reserves and white cliffs on your way to the wild beach of Piana Grande. A highlight is the Heraclea Minoa archaeological site, rumoured to be the location of a wrestling match between local hero Eryx and Heracles himself. This 30km trail takes roughly 2h and 30 mins.

QUAD BIKE EXPERIENCE

AVAILABLE DAILY, UPON REQUEST

Embark on a memorable journey starting at Verdura Resort to weave through ancient olive groves, ford rivers, scale hills and traverse plateaus. Our expert guide will lead you on an adrenaline-fuelled adventure towards Poggio Diana Castle. This two hour experience is perfect for couples, families, or anyone who seeks the thrill of the wild and the surge of power.





VERDURA DISCOVERY TREK

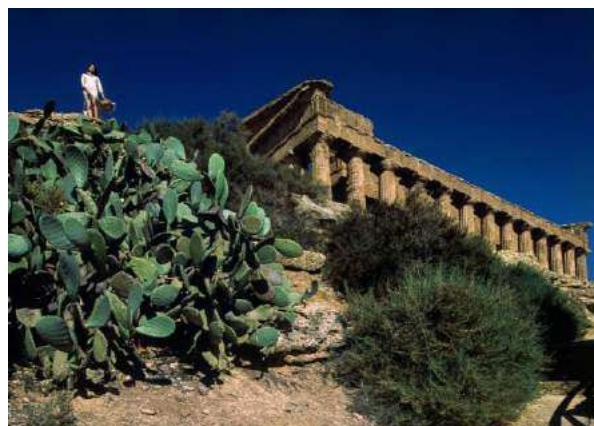
AVAILABLE DAILY, UPON REQUEST

We've designed a hiking route through our 230-hectare grounds that begins at Verdura's reception. Follow the stone route markers on the ground, through the beach and up the hill. Pause to admire the breathtaking view, then meander across our vegetable garden, turn left towards the Verdura River, walk down the wild coastline until you reach Amare Restaurant. The route takes 2 hours at a relaxed pace, less for seasoned runners and hikers.

VALLEY OF THE TEMPLES

INCREDIBLE GREEK RUINS

Visit Agrigento, home to one of the most famous and important cultural centres in the Mediterranean: the UNESCO World Heritage-protected Valley of Temples. The archaeology park consists of eight ancient temples thought to have been built between 430 and 510BC. Enjoy a guided tour among these fascinating monuments driving an electric push scooter, the perfect way to have fun with friends and family.



OUR LOCAL INSIDER

THE HIDDEN SIDE OF SICILY

U Canuscituri in Sicilian means "a connoisseur of the island". To visit the destination with an original touch meet our Sicilian insider, and enjoy excursions with shepherds, bakers, farmers, agronomists and artists to discover the history of the region and unlock the local secrets in a fresh way, spending a full day outdoor to learn the history of the *Sicanians*, thought to be the oldest inhabitants of the island.



SCIACCA

GUIDED TOURS AND EXPERIENCES

Tumbling down a scenic hillside along Sicily's southern coastline, Sciacca is a 15 minute drive from Verdura Resort. Explore its charming city centre with the local association's *Museo Diffuso dei 5 Sensi* programme: book guided tours, visit artisan workshops, and see how the town's famous Carnival floats, coral jewellery and ceramics are made.

ON THE GRAPEVINE WITH PLANETA WINES

WINE TOUR

A visit to Planeta, one of Italy's most important wine makers on the shores of Lake Arancio is a must for any oenophile. Tour Planeta's Ulmo vineyard with an expert guide and sample their famous wines. Purchase your favourite vintages right from the vineyard and look forward to receiving your wine when you arrive home.



CORAL WORKSHOP

GROUP LESSONS EVERY MONDAY

Learn how to work with corals from Sciacca under the guidance of an expert craftsman. Following an introduction of the coral and the coral reefs found in Sciacca, you will have the opportunity to work the raw coral which will take the shape you most desire. Finally, you will be taking home the jewel you have created and keep it forever.



ROCCO FORTE HOTELS