



THE SPA AT BROWN'S
LONDON

A ROCCO FORTE SPA

THE SPA AT BROWN'S

Where nature meets science. Enriched with botanicals and enhanced by cutting-edge technology, our treatments and services offer a perfect blend of relaxation and rejuvenation, delivered by our expert team.

- Three treatment rooms, including a double treatment room
- Reception Area
- Fully equipped-gym

About Irene Forte Skincare

Irene Forte Skincare achieves outstanding results using natural ingredients powered by science. Backed by 40 years of research by Dr. Francesca Ferri, a pioneer in using plant extracts for skin conditions, the range is proven in clinical trials, certified vegan, and approved for sensitive skin. Novel, nutrient-rich botanicals are sourced from Verdura Resort's organic farm, capturing the essence of Sicily to support long-term skin vitality.

B Corp certified, eco-friendly, and rated Excellent on Yuka, Irene Forte Skincare upholds the highest standards of transparency, efficacy, and safety. At the heart of it all is Irene, who continues to create honest skincare that visibly performs.

Forte Facial

A customisable facial designed to address your skin’s specific needs. After a detailed skin analysis, your treatment includes a cleanse, exfoliant, mask, and our signature double massage technique to refresh and rejuvenate. The finale? A product application to lock in the results.

- Age-Defier: An anti-ageing powerhouse that firms, lifts, and revitalises tired skin, restoring youthful radiance and smoothness.
- Purifier: For oily to combination skin, this deep-cleansing facial refines texture, clears pores, and includes extractions for a smoother, more even complexion.
- Brightener: Dull, tired skin? This treatment instantly boosts radiance and luminosity, leaving you with a refreshed, glowing complexion.
- Hydrator: For dry, dehydrated skin, this facial deeply nourishes and hydrates, leaving your skin silky smooth and plump.

60 Minutes

Phytomelatonin Rejuvenating Buccal Facial

Centred on Dr Ferri’s patented Phytomelatonin, an Alpine Plant Melatonin extract renowned for its powerful regenerative properties, this advanced facial restores and revitalises the skin. Following a double cleanse and exfoliation, our signature quadruple massage – including a tension-relieving buccal technique performed inside the mouth – stimulates circulation, drains toxins, and sculpts facial contours. The massage is completed with a cooling hammer to calm the skin, refine pores, and enhance absorption of the final actives. A Hyaluronic Acid sheet mask and a concentrated application of Phytomelatonin Rejuvenating Serum complete the treatment, leaving the skin visibly lifted, plumped, and deeply hydrated.

90 Minutes

Peptide Power: The Wrinkle-Soothing Facial

An exceptionally powerful facial treatment, fuelled by peptides. Neuropeptide Myoxinol™, derived from Hibiscus Seeds, works to relax facial muscles and ease the tension that contributes to expression lines. This potent peptide powers a series of products used in the facial, which are combined with our signature advanced face workout massage. Paired with microcurrent and red light, this treatment sculpts, lifts, and firms the skin, enhancing collagen and elasticity for a needleless youthful, radiant complexion.

90 Minutes

Age-Defying Oxygen Volcanic Facial

An indulgent facial using hot and cold volcanic stones to rebalance, revitalise and relax. A double mask application promotes skin firmness, hydration and radiance. Our signature triple facial massage technique stimulates circulation and nutrient flow to the skin, enhancing natural collagen production. Finish with a burst of oxygen to reveal a fresher, firmer and glowing complexion.

90 Minutes

Add-ons

Extra Hands

Extend your facial massage with targeted manual techniques to relax facial tension and enhance visible results.

20 Minutes

Microcurrent & LED – 15 Minutes

A powerful duo to lift, sculpt, and firm the skin while stimulating collagen and elastin for a more youthful appearance.

15 Minutes

Radiofrequency

Bipolar radiofrequency energy delivers deep dermal heating to tighten, tone, and promote long-term collagen renewal.

15 Minutes

Oxygen

A concentrated burst of oxygen to deeply hydrate, awaken, and restore skin radiance for a plump, dewy glow.

5 Minutes

BODY TREATMENTS

Earth & Sea Toning Treatment

A high-performance body treatment that detoxifies and firms. Begin with a sea salt or apricot seed exfoliation to slough off dead skin, followed by an algae and clay mud wrap to refine and tighten. Complete the experience with a volcanic stone scalp massage and a toning omega-rich oil massage, leaving your skin smoother, firmer, and radiant.

90 Minutes

Smoothing & Nourishing Treatment

A deeply hydrating full-body treatment that refines and revitalises the skin. Begin with a double scrub using our Apricot Creamy Body Scrub and Sea Salt Body Scrub, leaving your skin soft and smooth. Follow with a full-body massage using our clinically-backed oil, and finish with the luxurious White Wine Body Cream, leaving your skin deeply moisturised and nourished.

90 Minutes

Draining Body Brush & Scrub

Begin with invigorating dry body brushing to stimulate circulation and promote lymphatic drainage, followed by a full-body exfoliation to remove dead skin cells and refine skin texture. This revitalising treatment leaves your skin feeling soft, smooth, and radiant, while supporting overall detoxification and renewal.

40 Minutes

Regenerating Leg & Foot Treatment

A luxurious, revitalising treatment for the legs and feet. Begin with a sea salt scrub to exfoliate and remove impurities, followed by a draining massage with our proven Xyimenyic Acid-enriched oil to tone and stimulate circulation. A vasoactive mask enhances detoxification and smooths skin, while a reflexology foot massage restores balance, leaving you feeling light and rejuvenated from hip-to-toe.

60 Minutes

Add-on

Targeted Area Massage

A focused massage targeting specific areas such as the back, neck, shoulders, or head to relieve tension and promote relaxation.

30 Minutes



MASSAGES

Fit For You

A personalised massage using your choice of Irene Forte Skincare body oil. Our consultation ensures a treatment tailored to your unique needs, addressing tension and restoring balance.

60/90 Minutes

Deep Tissue Massage

A deep, therapeutic massage designed to release muscle restrictions, reduce tension, and improve posture by targeting connective tissue.

60/90 Minutes

Hot Stone Massage

A relaxing massage using heated stones designed to ease tension, stress and anxiety. The longer version includes a scalp massage.

60/90 Minutes

Reflexology

A deeply relaxing and therapeutic treatment focused on stimulating pressure points in the feet, promoting overall wellness, relaxation, and balance throughout the body.

60 Minutes

Lymphatic Massage

A gentle yet highly therapeutic massage technique designed to stimulate the lymphatic system, supporting the body’s natural detoxification and immune functions. This treatment can be performed on the face, stomach, arms, legs, or glutes, with two targeted areas treated within the 60-minute session to encourage circulation, reduce fluid retention, and promote overall wellbeing.

60 Minutes

Indulgent Maternity Massage

A nurturing prenatal massage tailored to ease tension and soothe stress. Starting with calming breathwork, this treatment uses our clinically-backed Rose Body Oil to hydrate, drain and relax the body. A Horse-Chestnut Leg Mask and cryo-spritz finish the treatment, leaving your legs feeling light and your body fully restored.

60/90 Minutes

Add-on

Body Scrub

Renews and refines skin, revealing a silky-smooth finish.

30 Minutes

NAIL TREATMENTS

Express Manicure

Perfect for quick nail care with a file and polish.

30 Minutes

Classic Manicure

Includes nail shaping, cuticle care, a nourishing hand massage, and polish.

60 Minutes

Luxury Manicure

Includes exfoliation, a warm mask, hand-to-forearm massage, and polish.

60 Minutes

Express Pedicure

Perfect for quick nail care with a file and polish.

30 Minutes

Classic Pedicure

Includes nail shaping, cuticle care, hard skin removal, foot massage, and polish.

60 Minutes

Luxury Pedicure

Includes exfoliation, warm mask, and foot massage, completed with polish.

60 Minutes

Colour Change

20 Minutes

Shellac Application

15 Minutes

Shellac Removal

20 Minutes

Massages can be carried out in the comfort of your hotel room with a 30% supplementary charge.



CHILDREN’S TREATMENTS

Mummy & Me Time

Designed for an adult and little one, enjoy a one-hour treatment followed by Afternoon Tea for two in the Drawing Room. Time together, beautifully spent.

Choose from two spa treatments:*

- Twinkle Toes and Softening Facial for the child; Get Glam Express Pedicure and Forte Boost Facial for the adult.

OR

- Soothing Massage and Funky Fingers for the child; Brown’s Bespoke Massage and Get Glam Manicure for the adult.

Up to 3 Hours

**Treatments are designed for children 4 – 16 years of age; however, Mummy & Me Time is designed for children aged 4 – 12.*

Funky Fingers

A mini manicure for younger guests, including nail shaping, a gentle hand massage, and polish of their choice.

30 Minutes

Twinkle Toes

A nail tidy, light foot massage and polish of their choice – perfect for little feet.

30 Minutes

Softening Facial

A gentle introduction to skincare. Includes a light cleanse, soothing facial massage, and hydrating moisturiser to comfort delicate skin.

30 Minutes

Soothing Massage

A calming treatment for the back, face, and scalp designed to ease tension and promote relaxation.

30 Minutes

TANNING, WAXING & FITNESS

Natural Tan

A two-step spray tan treatment that exfoliates and tans using natural, organic BeauBronz products for a smooth, luminous glow.

30 Minutes

Waxing

A selection of waxing services are available.

Please contact the spa team for more information.

Fitness

Our gym features state-of-the-art Technogym equipment for both cardio and strength training. Personalised training is also available.

Please contact the spa team for more information.

RITUALS

Forte Face & Body Ritual

After a foot soak, enjoy a revitalising full-body scrub followed by a Sicilian oil massage and herbal body mask. End with a luxurious facial that leaves your skin radiant and luminous. This high-performance treatment nourishes and relaxes from head-to-toe for an indulgent, rejuvenating experience.

120 Minutes

Gentleman’s MOT

A complete reset for men. Combines a tension-relieving back, neck, and shoulder massage with a refreshing facial and express manicure to leave you recharged and polished.

90 Minutes

Deep Sleep

Designed to induce restorative sleep. This treatment begins with a foot cleanse and full-body exfoliation, followed by a deeply relaxing hot stone massage to calm the nervous system and encourage restorative rest.

120 Minutes

Maternal Bliss

This all-encompassing treatment begins with a skin smoothing gentle body exfoliation, followed by a soothing body massage, completed with a skin brightening facial.

120 Minutes

Together

A shared spa experience for two in our private treatment suite. Includes an Aromatherapy Massage and Forte Boost Facial, followed by a glass of Champagne.

90 Minutes

Me Time & Tea Time

Enjoy an afternoon of relaxation with a one-hour Aromatherapy Massage or Forte Facial followed by Champagne Afternoon Tea in The Drawing Room.

All rituals can also be enjoyed as a couple’s treatment in our double suite.

Up to 3 Hours

Therapies for Those Living with and Recovering from Cancer

These therapies have been created in partnership with The Amethyst Trust, a Standards Authority for Touch in Cancer Care (SATCC) approved provider. Starting with guided breathwork, your SATCC accredited therapists will personalise the experience to suit your individual needs, relaxing both mind and body while promoting a deep sense of peace.

- Restorative Facial: A replenishing facial, perfect for sensitive or fragile skin. Gentle cleansing, our signature facial massage and mask application promotes relaxation and comfort.

60 Minutes

- Nurturing Massage: A soothing massage with Sicilian oils to nurture, comfort, and encourage inner calm.

60/90 Minutes





Opening Hours:*

Mon – Fri 10.00 – 20.00

Sat – Sun 10.00 – 18.00

*The Spa at Brown's reserves the right to change these times.

Gym: 24 hours for in-house guests.

Email: thespa.browns@roccofortehotels.com

Reservations

To make an appointment, please call The Spa at Brown's on +44 (0)20 7518 4130

If staying in-house, please call extension 4130. If we are unable to accommodate your appointment we will place you on our priority waiting list and contact you should any treatment times become available.

Please note that a cancellation fee of 100% will be charged for cancellations made within 24 hours of your scheduled treatment time. The appointment can be cancelled free of charge up to 24 hours before your scheduled treatment time. If you arrive up to 15 minutes late, your treatment time will be reduced by the delayed time and you will be charged the full price.

Treatments

We recommend you arrive at least 10 minutes prior to your scheduled appointment. All treatments start and end on time to avoid any inconvenience for subsequent guests.

Some of our treatments may not be suitable or may require some adjusting should you have a medical condition or ailment. Please inform us at the time of booking with any medical conditions or allergies.

We recommend refraining from consuming alcohol prior to a spa treatment. We do not advise any treatments during the first trimester of pregnancy. Anyone under the age of 16 must be accompanied by an adult in the treatment room at all times.

Spa Etiquette

Please respect the private and serene atmosphere and refrain from using mobile phones within The Spa at Brown's.

Please dress appropriately when visiting The Spa at Brown's. Trainers are compulsory in the gym. Therapists will provide you with disposable slippers for treatments.

The Spa at Brown's is not responsible for loss of personal items. We recommend that all jewellery and valuables are stored safely in your room. For external guests, we have a safe at our Spa Reception.

ROCCO FORTE SPAS

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THE CHARLES SPA
MUNICH

IRENE FORTE SPAS

HOTEL DE RUSSIE
HOTEL DE LA VILLE
MASSERIA TORRE MAIZZA
THE BALMORAL
VERDURA RESORT
VILLA IGIEA